

TRAINING ROOMS

@Amethyst

◆ BEAUTY

◆ COMPLEMENTARY THERAPIES

Price List Aug 23 - June 24

The Essentials

Depilatory Waxing Treatments

Eyebrow	£2.50
Chin	£2.00
Upper Lip	£2.00
Chin and Upper Lip	£3.00
Eyebrow and upper lip	£3.50
Eyebrow, chin and upper lip	£5.00
Underarm	£3.00
Basic Bikini Line	£3.50
Half Leg	£5.00
Full Leg.....	£8.00
Half leg and Bikini	£7.50
Full leg and Bikini	£10.00

Eye Treatments

Eyelash Tint	£4.00
Eyebrow Tint	£3.00
Eyelash and Eyebrow Tint	£6.00
Eyebrow shape.....	£2.00
Party lashes	£3.50

Hand and Foot Treatments

Manicure with hand massage and Polish	£5.00
Manicure with Gel Polish.....	£6.00
French Manicure	£5.00
Luxury manicure with paraffin wax or hot oil treatment.....	£6.00
Pedicure with foot massage and Polish	£6.00
Luxury Pedicure with paraffin wax or hot oil treatment.....	£9.00
Pedicure with gel Polish	£8.00
French Pedicure	£7.00
Gel Polish Removal	£2.50

Massage Treatments

Back, Neck and Shoulder massage

Aids reduction of stress, pain and muscle tension to the areas being treated£4.00

Back, Neck and Shoulder massage with paraffin Wax

Used for skin softening and can provide pain relief in sore joints and muscles£5.00

Back, Neck and Shoulder massage with Infra-Red

Used to aid muscular pain.....£5.00

Back, Neck and Shoulder massage with G5 or Audio Sonic

Mechanical massage that will provide deeper massage than the therapist can, promoting natural healing.....£5.00

Full Body massage

Aids reduction of stress, pain and muscle tension to the areas being treated£6.00

Specialised Massage Treatments for the Body

Thai Compress treatment

Contains healing herbs, used to soothe muscular aches and swelling£7.00

Traditional Indian Head Massage

Used to stimulate blood flow and oxygen, to relieve stress can aid the clearance of sinuses and promotes a more fulfilling sleep£5.00

Aromatherapy Full Body massage

After consultation the therapist will use essential oils. During massage you will inhale these oils and absorb through the skin. Depending on the essential oil used it can promote relaxation, pain management and improve mood.£7.00

Remedial Massage

Can aid in the repair of damaged tissues and mobility, promoting the healing of injury.....£7.00

Thai Foot massage

Benefits include natural healing mechanism as well as stimulating internal organs to encourage balance to the body and mind.....£4.00

Seated Acupressure Massage

Benefits include; ease of muscle tension, reduces pain and fatigue£5.00

Specialised - Face & Body Electrotherapy Treatments

For the Face

High Frequency Facial

Used to treat acne, shrink enlarged pores, reduces fine lines and wrinkles, decongests puffy eyes and fades dark circles£6.00

Micro Current Facial

Promotes repair in damaged skin, stimulates collagen and elastin production.....£10.00

Galvanic Facial

Improves hydration levels and promotes blood circulation to the face£5.00

Microdermabrasion Facial

Removes dead skin cells helping the reduction of fine lines, minor scars, wrinkles and age spots..£10.00

Glycolic Peel Facial

Skin peel treatment to rejuvenate skin by removing dry dead skin cells.....£10.00

For the Body

Galvanic Body Treatments

Treats cellulite and improves circulation£5.00

Faradic Body Treatments

To enable firming and toning of muscles£5.00

Vacuum Suction and Infra-Red

Removes waste products from skin, improving skin colour and appearance£5.00

TRAINING
ROOMS

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